

## Appendix C

It is generally accepted that there are these types of abuse:

### Children and Adults:

Physical, emotional (or psychological), sexual and neglect.

### Adults at Risk:

Financial, discriminatory, organisational, domestic abuse, modern slavery, neglect and acts of omission and self neglect.

Please note that the tabled examples and signs detailed below may also be indicators of other medical factors and may not necessarily confirm abuse and neglect. These tables are provided as a guide to help practitioners within their assessment process and the work with children, adults and their families.

<b>PHYSICAL ABUSE</b>	
<b>Examples include</b>	<b>Signs include</b>
<ul style="list-style-type: none"><li>• Shaking</li><li>• Pinching</li><li>• Slapping</li><li>• Force-feeding</li><li>• Biting</li><li>• Burning or Scalding.</li><li>• Causing needless physical discomfort</li><li>• Inappropriate restraint</li><li>• Locking someone in a room</li><li>• Assault</li><li>• Hitting</li><li>• Pushing</li><li>• Misuse of medication</li><li>• Inappropriate physical sanctions</li></ul>	<ul style="list-style-type: none"><li>• Unexplained bruising, marks or injuries on any part of the body</li><li>• Frequent visits to the GP or A&amp;E</li><li>• An injury inconsistent with the explanation offered</li><li>• Fear of parents or carers being approached for an explanation</li><li>• Aggressive behaviour or severe temper outbursts</li><li>• Flinching when approached</li><li>• Reluctance to get changed or wearing long sleeves in hot weather</li><li>• Depression</li><li>• Withdrawn behaviour or other behaviour change</li><li>• Running away from home/ residential care</li><li>• Distrust of adults, particularly those with whom a close relationship would normally be expected</li></ul>

<b>EMOTIONAL/ PSYCHOLOGICAL ABUSE</b>	
<b>Examples include</b>	<b>Signs include</b>
<ul style="list-style-type: none"><li>• Intimidation</li><li>• Bullying</li><li>• Rejection</li><li>• Shouting</li><li>• Denial of choice</li></ul>	<ul style="list-style-type: none"><li>• A failure to thrive or grow</li><li>• Sudden speech disorders</li><li>• Developmental delay, either in terms of physical or emotional progress</li><li>• Behaviour change</li></ul>

<ul style="list-style-type: none"> <li>• Deprivation of dignity or privacy</li> <li>• The denial of human and civil rights</li> <li>• Harassment</li> <li>• Being made to fear for one's well being</li> <li>• Emotional abuse</li> <li>• Verbal abuse</li> <li>• Threats of harm or abandonment</li> <li>• Deprivation of contact</li> <li>• Humiliation</li> <li>• Controlling</li> <li>• Coercion</li> <li>• Cyber bullying</li> <li>• Unreasonable and unjustified withdrawal of services or support networks</li> </ul>	<ul style="list-style-type: none"> <li>• Being unable to play or socialise with others</li> <li>• Fear of making mistakes</li> <li>• Self harm</li> <li>• Fear of parent or carer being approached regarding their behaviour</li> <li>• Confusion</li> </ul>
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<b>SEXUAL ABUSE</b>	
<b>Examples include</b>	<b>Signs include</b>
<ul style="list-style-type: none"> <li>• Rape and other sexual offences</li> <li>• For adults, sexual activity including sexual contact and non-sexual contact that the person does not want, to which they have not consented, could not consent, or were pressured into consenting to.</li> <li>• For adults being denied access to a sexual life</li> <li>• Inappropriate looking or touching</li> <li>• Coercing the victim into watching or participating or watching pornographic videos, photographs, or internet images</li> <li>• Any sexual relationship that develops where one is in a position of trust, power or authority</li> <li>• Indecent exposure</li> <li>• Sexual harassment</li> </ul>	<ul style="list-style-type: none"> <li>• Pain or itching in the genital/anal areas</li> <li>• Bruising or bleeding near genital/anal areas</li> <li>• Sexually transmitted disease</li> <li>• Vaginal discharge or infection</li> <li>• Stomach pains</li> <li>• Discomfort when walking or sitting down</li> <li>• Pregnancy</li> <li>• Sudden or unexplained changes in behaviour, e.g. becoming aggressive or withdrawn</li> <li>• Fear of being left with a specific person or group of people</li> <li>• Nightmares</li> <li>• Leaving home</li> <li>• Sexual knowledge which is beyond their age or development age</li> <li>• Sexual drawings or language</li> <li>• Bedwetting</li> <li>• Saying they have secrets they cannot tell anyone about</li> <li>• Self harm or mutilation, sometimes leading to suicide attempts</li> <li>• Eating problems such as overeating</li> </ul>

	or anorexia
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<b>NEGLECT</b>	
<b>Examples include</b>	<b>Signs include</b>
<ul style="list-style-type: none"> <li>• Withholding help or support necessary to carry out daily living tasks</li> <li>• Ignoring medical and physical care needs</li> <li>• Failing to provide access to health, social or educational support</li> <li>• The withholding of medication, nutrition and heating</li> <li>• Keeping someone in isolation.</li> <li>• Failure to intervene in situations that are dangerous to the person</li> <li>• Inadequate supervision and guidance – leaving the child to cope alone, abandoning them or leaving them with inappropriate carers and failing to provide appropriate boundaries about behaviours such as under age sex or alcohol.</li> </ul>	<ul style="list-style-type: none"> <li>• Constant hunger, sometimes stealing food from others</li> <li>• Dirty or ‘smelly’</li> <li>• Loss of weight, or being constantly underweight</li> <li>• Inappropriate dress for the weather</li> <li>• Complaining of being tired all the time</li> <li>• Not requesting medical assistance and/or failing to attend appointments</li> <li>• Having few friends</li> <li>• Worsening of health conditions</li> <li>• Pressure sores</li> <li>• Mentioning their being left alone or unsupervised</li> <li>• Sore or extreme nappy rash</li> <li>• Skin infections</li> <li>• Lack of response to stimuli or contact</li> <li>• Poor skin condition(s)</li> <li>• Frozen watchfulness</li> <li>• Anxiety</li> <li>• Distressed</li> <li>• Child moves away from parent under stress</li> <li>• Little or no distress when separated from primary carer</li> <li>• Inappropriate emotional responses</li> <li>• Language delay</li> </ul>
<b>Self –Neglected (Adults)</b>	
<b>Examples include</b>	<b>Signs include</b>
<ul style="list-style-type: none"> <li>• Little or no personal care</li> <li>• Refusing medication or refusing to stay on medication</li> <li>• Disorientated or incoherent</li> <li>• Unsafe living conditions &amp; hoarding</li> <li>• Inability to manage finances and property</li> </ul>	<ul style="list-style-type: none"> <li>• poor grooming, dirty or ragged clothes, unclean skin and fingernails</li> <li>• unwilling to accept medical care</li> <li>• unable to focus, carry on normal conversation or answer basic questions about date, place, and time</li> <li>• Lack of food or basic utilities in the home, unclean living quarters, rodents or other vermin</li> </ul>

<ul style="list-style-type: none"> <li>• Isolation</li> </ul>	<ul style="list-style-type: none"> <li>• Hoarding animals or trash, inability to get rid of unneeded items</li> <li>• Inability to manage finances and property: not paying bills, repeatedly borrows money, gives money or property away</li> <li>• Little contact with family or friends, no social support</li> </ul>
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**Adults at Risk may experience several other types of abuse as detailed below:**

<b>FINANCIAL ABUSE (Adults)</b>	
<b>Examples include</b>	<b>Signs include</b>
<ul style="list-style-type: none"> <li>• Being over charged for services</li> <li>• Being tricked into receiving goods or services that they do not want or need</li> <li>• Inappropriate use, exploitation, or misappropriation of property and/or utilities</li> <li>• Theft</li> <li>• Deception</li> <li>• Fraud</li> <li>• Exploitation or pressure in connection with wills</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of basic requirements e.g. food, clothes, shelter</li> <li>• Inability to pay bills.</li> <li>• Unexplained withdrawals from accounts.</li> <li>• Inconsistency between standard of living and income</li> <li>• Reluctance to take up assistance which is needed</li> <li>• Unusual interest by family and other people in the person's assets</li> <li>• Recent changes in deeds</li> <li>• Power of Attorney obtained when person lacks capacity to make the decision.</li> </ul>

<b>DISCRIMINATORY</b>	
<b>Examples</b>	<b>Signs</b>
<ul style="list-style-type: none"> <li>• Use of inappropriate “nick names”</li> <li>• Use derogatory language or terminology</li> <li>• Enforcing rules or procedures which undermine the individual’s well being</li> <li>• Denial of opportunity to develop relationships</li> <li>• Denial of health care.</li> <li>• Harassment</li> <li>• Slurs or similar treatment of:               <ul style="list-style-type: none"> <li>- Because of race,</li> <li>- Gender and gender identity</li> <li>- Age</li> <li>- Disability</li> <li>- Sexual orientation</li> <li>- Religion</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Being treated unequally from other users in terms of the provision of care, treatment or services</li> <li>• Being isolated</li> <li>• Derogatory language and attitude by carers</li> <li>• Dismissive language by staff</li> <li>• Hate campaigns by neighbours or others</li> <li>• Deteriorating health</li> <li>• Indicators of other forms of abuse</li> </ul>

<b>INSTITUTIONAL/ ORGANISATIONAL ABUSE</b>	
<b>Examples</b>	<b>Signs</b>
<ul style="list-style-type: none"> <li>• Service users required to ‘fit in’ excessively to the routine of the service</li> <li>• More than one individual is being neglected</li> <li>• Everyone is treated in the same way</li> <li>• Other forms of abuse on an institutional scale</li> </ul>	<ul style="list-style-type: none"> <li>• Inflexible daily routines, for example: set bedtimes and/or deliberate waking</li> <li>• Dirty clothing and bed linen</li> <li>• Lack of personal clothing and possessions</li> <li>• Inappropriate use of nursing and medical procedures</li> <li>• Lack of individualised care plans and failure to comply with care plans</li> <li>• Inappropriate use of power, control, restriction or confinement</li> <li>• Failure to access health care, dentistry services etc</li> <li>• Inappropriate use of medication.</li> <li>• Misuse of residents’ finances or communal finances</li> <li>• Dangerous moving and handling practices</li> <li>• Failure to record incidents or concerns</li> </ul>

### **Other types of abuse**

#### **Domestic Violence & Abuse**

As of 1<sup>st</sup> July 2022 the Home Office definition of **Domestic abuse** is:

The cross-government definition of domestic violence and abuse is: any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. The abuse can encompass, but is not limited to:

- psychological
- sexual
- financial
- emotional

Source: [www.homeoffice.gov.uk](http://www.homeoffice.gov.uk)

In all cases where there is knowledge or suspicion that there exists a **potential** for a child or children to be suffering harm as a result of domestic violence and abuse, then a referral should be made to Children's Social Care via the First Response Team (FRT) who act as the first point of contact for all referrals in relation to cases that meet the **threshold for significant harm**- for further information please refer Threshold framework 'Accessing the right help at the right time'.  
[www.staffsscb.org.uk](http://www.staffsscb.org.uk)

Where it is thought that a victim of domestic violence and abuse meets the definition of a Adult at Risk, then an Adult Protection referral should be made to the Contact Centre on **0345 604 2719**.

### **Forced Marriage**

Forced marriage<sup>1</sup> is a marriage without the full and free consent of both parties. It is a form of domestic violence and an abuse of human rights. In an arranged marriage the family will take the lead in arranging the match but the couples have a choice as to whether to proceed. In forced marriage, one or both spouses do not (or, in the case of some disabled young people and some vulnerable adults, cannot) consent to the marriage and some element of duress is involved.

Duress can include physical, psychological, sexual, financial and emotional pressure.

It is important to note that the Mental Capacity Act does **NOT** allow for consent to marry to be given on behalf of a person without capacity to make this decision for themselves.

### **Hidden Harm**

Children may be suffering from the effects of what is known as 'hidden harm' if they live with parents or carers who are misusing drugs or alcohol. Children in these situations may be acting as young carers or they may be subjected to any of the forms of abuse described above. Separate policies and procedures for children living

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<sup>1</sup> Research carried out by the then Department for Children, Schools and Families estimated that the national prevalence of reported cases of forced marriage in England was between 5,000 and 8,000, with the youngest victim being 2 years old and the oldest 76 years..

with parents who misuse substances and those who are deemed as young carers can be found on the SSCB website. [www.staffsscb.org.uk/Professionals/Procedures](http://www.staffsscb.org.uk/Professionals/Procedures)

### **Child Sexual Exploitation**

Sexual exploitation of children and young people under 18 involves exploitative situations, contexts and relationships where young people (or a third person or persons) receive 'something' (e.g. food, accommodation, drugs, alcohol, cigarettes, affection, gifts, money) as a result of them performing, and/or another or others performing on them, sexual activities. Child sexual exploitation can occur through the use of technology without the child's immediate recognition; for example being persuaded to post sexual images on the Internet/mobile phones without immediate payment or gain. In all cases, those exploiting the child/young person have power over them by virtue of their age, gender, intellect, physical strength and/or economic or other resources. Violence, coercion and intimidation are common, involvement in exploitative relationships being characterised in the main by the child or young person's limited availability of choice resulting from their social/economic and/or emotional vulnerability. (Safeguarding Children and Young People from Sexual Exploitation DCFS 2009)

**Children and Young people do not make informed choices to enter or remain in sexual exploitation. Rather, they do so from coercion, enticement, manipulation, fear or desperation.**

For further guidance [www.staffsscb.org.uk](http://www.staffsscb.org.uk)

### **Female Genital Mutilation**

Female genital mutilation (FGM) includes procedures that intentionally alter or cause injury to the female genital organs for non-medical reasons." (World Health Organisation, 2014). It is illegal in the UK.

FGM is known by a number of names including "female genital cutting", "female circumcision" or initiation". The term female circumcision suggests that the practice is similar to male circumcision, but it bears no resemblance to male circumcision, has serious health consequences and no medical benefits. FGM is also linked to domestic abuse, particularly in relation to "honour based violence".

For further guidance

<http://www.staffsscb.org.uk>



### **Modern slavery**

Modern slavery encompasses slavery, human trafficking, forced labour and domestic servitude. Traffickers and slave masters use whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment.

The organised crime of human trafficking into the UK has become an issue of considerable concern to all professionals with responsibility for the care and protection of children and adults. Any form of trafficking humans is an abuse.

Trafficking of persons means the recruitment, transportation, transfer, harbouring or receipt of persons, by means of the threat of, or use of coercion, abduction, fraud, deception, abuse of power or of a position of vulnerability. It also includes the giving or receiving of payments or benefits to achieve the consent of a person having control over another person, for the purpose of exploitation.

It is important to note that some cases involve UK-born people being trafficked within the UK, e.g. people being trafficked from one town to another. The consent of the victim of trafficking is irrelevant where any of the above methods have been used.

Trafficked people may be used for sexual exploitation, agricultural labour including tending plants in illegal cannabis farms and benefit fraud. Children as well as adults are trafficked.

If you have a concern regarding the possible trafficking of a person you should immediately contact the Designated Officer or make a referral direct to the appropriate team. Practitioners should not do anything which would heighten the risk of harm or abduction to the child or adult.

### **Race and Racism**

People from black and minority groups (and their parents or carers) are potentially likely to have experienced harassment, racial discrimination and institutional racism. Although racism causes significant harm it is not, in itself, a category of abuse (unless the victim meets the definition of a vulnerable adult, in which case an appropriate referral should be made) and dealing with it is considered under other specific policies of the Council and the District Community Safety Partnership.

### **Hate Crime**

The Association of Chief Police Officers (ACPO) and the Crown Prosecution Service (CPS) have a nationally agreed definition of Hate Crime. Hate crimes are taken to mean any crime where the perpetrator's hostility or prejudice against an identifiable group of people is a factor in determining who is victimised. This is a broad and inclusive definition. A victim does not have to be a member of the group. In fact, anyone could be a victim of a hate crime.

The Crown Prosecution Service (CPS) and The Association of Chief Police Officers (ACPO) have agreed 5 monitored strands of hate crime as set out below.

A hate crime is any criminal offence that is motivated by hostility or prejudice based upon the victim's:

- disability
- race or ethnicity
- religion or belief
- sexual orientation
- transgender identity

Hate crime can take many forms including:

- physical attacks such as physical assault, damage to property, offensive graffiti and arson
- threat of attack including offensive letters, abusive or obscene telephone calls, groups hanging around to intimidate, and unfounded, malicious complaints
- verbal abuse, insults or harassment - taunting, offensive leaflets and posters, abusive gestures, dumping of rubbish outside homes or through letterboxes, and bullying at school or in the workplace.

If the victim of a Hate Crime meets the definition of an Adult at Risk of abuse and neglect, an Adult Protection referral should be made to the Contact Centre on **0345 604 2719**.

### **Safeguarding People who are vulnerable to being drawn into Violent Extremism and / or Terrorism**

The current threat from terrorism in the United Kingdom can involve the exploitation of vulnerable people, including children of all ages, young people and adults to involve them in terrorism or activity in support of terrorism.

Violent Extremism is defined by the Crown Prosecution Service (CPS) as:

"The demonstration of unacceptable behaviour by using any means or medium to express views, which:

- Encourage, justify or glorify terrorist violence in furtherance of particular beliefs;
- Seek to provoke others to terrorist acts;
- Encourage other serious criminal activity or seek to provoke others to serious criminal acts;
- Foster hatred which might lead to inter-community violence in the UK."

There are a number of offences that can be considered when dealing with violent extremism. They include offences arising through spoken words, creation of tapes and videos of speeches, internet entries, chanting, banners and written notes and publications.

The main offences employed to date have been soliciting murder and inciting racial hatred.

The Stoke-on-Trent and Staffordshire Local Safeguarding Children Boards and the Staffordshire and Stoke-on-Trent Adult Safeguarding Partnership Board recognise the need to protect people against the messages of all violent extremism including that linked to Far Right / Neo Nazi / White Supremacist, Al Qaeda ideologies, Irish

Nationalist and Loyalist paramilitary groups, and that linked to Animal Rights movements.

For further guidance <http://www.staffsscb.org.uk/wp-content/uploads/2020/09/Prevent-Channel-Guidance.pdf>